


ONGOING WEEKLY PROGRAMS— IN SENIOR LOUNGE UNLESS OTHERWISE NOTED

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
10-1 Art Time 11:30-12:30 Lunch Club 60 11:30-1 Rummikub 1-3 Pinochle 1-3 Dominoes	10-12 Chess Club 1-4 Various Poker/Card Games 2-3 Stretch & Strengthen (Room 118) 2-4 Puzzle Club 3-4 Open Billiards	8:45-9:15 Meditation (Room 215) 9-11 Woodcarvers (Room 211) 10:30-3 Euchre 12:30-3:30 Chain Gang	9:00-11:30 Mahjongg 10-11 Stretch & Strength (Room 118) 11:30-12:30 Connection Café (Room 118) 1-3 Bingo (Room 118) 2:30-4 Dominoes (Senior Lounge)	1-3 Canasta 1-4 Various Poker /Card Games 2-4 Puzzle Club
<p>VOLUNTEERS NEEDED!</p> <p>We are still looking for Monday morning/afternoon volunteers to assist with our Monroe County Lunch Club 60 Program. Please see Jenn Kelley if you are available to help!</p>	<p><i>December 31</i></p> <p>*NO Stretch & Strengthen</p> <p>Senior Center Closed all Day</p> <p>Tuesday Treasures to resume January 28</p>	<p>1</p> <p>Building Closed all Day!</p> 	<p>2</p> <p>*NO Stretch & Strengthen</p> <p>*No Vinyasa Flow*</p> <p>No Café or Transportation Today</p> <p>1-3 Bingo (Room 118)</p> <p>2:30-4 Dominoes (Senior Lounge)</p>	<p>3</p> <p>11-12 "Inside the Mind of a Master Procrastinator" TED Talk and Discussion (Room 118)</p>
<p>6</p> <p>10-12 \$ Intermediate Basket Weaving (Senior Lounge)</p> <p>10-1 Eldersource Representative: Call Jenn Kelley if you'd like an appointment 889-6187</p> <p>12-1 \$ Vinyasa Flow Yoga (Room 213)</p>	<p>7</p> <p>9:30-10:30 \$ OTAGO w/ Lifespan (Room 210)</p> <p>*No Line Dancing*</p>	<p>8</p> <p>9:15-10 Monroe County Breakfast Program (Senior Lounge)</p> <p>10-12 \$ Intermediate Basket Weaving (Senior Lounge)</p> <p>11:30-12:30 \$ Plant Based Cooking w/ Barb (Room 118)</p>	<p>9</p> <p>8:45-9:45 Healthy Living w/Linda (Room 215) Are You Eating Microplastics?</p> <p>9:30-10:30 \$ OTAGO w/ Lifespan (Room 210)</p> <p>11-12 Art with Linda (Senior Lounge)</p> <p>12-1 \$ Vinyasa Flow Yoga (Room 213)</p> <p>1-3 Bingo (Room 118)</p> <p>2:30-4 Dominoes (Senior Lounge)</p>	<p>10</p> <p>10-12 \$ Intermediate Basket Weaving (Senior Lounge)</p>

Please call Jenn Kelley, Senior Programmer, at 585-889-6187 if you have questions about any Senior Activities. Additional details about programs & events can also be found online at: <http://www.townofchili.org/chili-community-center/>. Click on "Online Catalog & Registration."



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Monday	Tuesday	Wednesday	Thursday	Friday
13 11:30-12:30 Monroe County Lunch Club 60 (Room 118) 12-1 \$ Vinyasa Flow Yoga (Room 213)	14 9:30-10:30 \$ OTAGO w/ Lifespan (Room 210) 10-12 \$ Line Dancing (Room 118) 1-2:30 Parkinson's Support Group (Room 212) 3-4:30 Tech Tuesday w/Daniel Jones: The Digital Money Seminar (Room 211)	15 9:15-10 Monroe County Breakfast Program (Senior Lounge) 1-2 Wellness Wednesday w/ Cornell Cooperative New Year, New Choices (Room 118)	16 9:30-10:30 \$ OTAGO w/ Lifespan (Room 210) 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-3 BINGO (Room 118) 2:30-4 Dominoes (Senior Lounge)	17 11-12 Meet and Greet with Nathan Clark, Monroe County Deputy (senior lounge) *Please note NO cards to begin until 12pm today*

20 <div style="text-align: center; font-size: 1.5em; font-weight: bold;"> The Senior Center is Closed Today </div>	21 9:30-10:30 \$ OTAGO w/ Lifespan (Room 210) 12:30-1:30 NEWS 8 Meteorologist Presentation w/Eric Snitil (Room 118) *NO Line Dancing* 3-3:30 AGAPE Advice (Room 118)	22 9:15-10 Monroe County Breakfast Program (Senior Lounge) 11:30-12:30 \$ Plant Based Cooking w/ Barb (Room 118) 2-3 February Calendar Review (Room 211)	23 9:30-10:30 \$ OTAGO w/ Lifespan (Room 210) 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-3 BINGO (Room 118) 2:30-4 Dominoes (Senior Lounge) 3-4 February TRIP Lottery (Room 118)	24 11-12 Learn to Play Bunco (Senior Lounge)
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27 11:30-12:30 Monroe County Lunch Club 60 (Room 118) 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-2 \$ Photo Interpretation & Ice Cream w/ Meg Tyo (Room 211)	28 9:30-10:30 \$ OTAGO w/ Lifespan (Room 210) 10-12 \$ Line Dancing (Room 118) 11-12:30 \$ Estate Planning 101 & Pizza w/ NY Life Insurance (Room 213) 12:30-2 Tuesday Treasures— PLEASE NO CLOTHES (Senior Lounge)	29 9:15-10 Monroe County Breakfast Program (Senior Lounge) 1-2 \$ Lunch and Presentation with the Alzheimer's Association (Room 118)	30 9:30-10:30 \$ OTAGO w/ Lifespan (Room 210) 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-3 BINGO (Room 118) 2:30-4 Dominoes (Senior Lounge)	31 11-12 \$ Craft with Deb Cody (Senior Lounge)
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January Programs & Events

January Highlights...

"Inside the Mind of a Master Procrastinator" TED Talk: 1/3, 11 am in room 118

Do you tend to procrastinate? Come join us for a short video and discussion around procrastination and leave with some tips on how to avoid it.

Plant Based Cooking w/ Barb: 1/8 & 1/22, 11:30 am in room 118

Tech Tuesday w/ Daniel Jones: Digital Money Seminar, 1/14, 3:00 pm in room 211

Cornell Cooperative Extension Presents: New Year, New Choice, 1/15, 1:00 pm in room 118

Meet & Greet with MC Sheriff, Nathan Clark, 1/17, 11:00 am in Senior Lounge

News 8 Meteorologist Presentation with Eric Snitil: 1/21, 12:30 pm in room 118

February Calendar Review: 1/22 at 2:00 in room 211

Photo Interpretation & Ice Cream w/ Meg Tyo: 1/27, 1:00 pm in room 211 (\$2/\$3)

Estate Planning 101 & Pizza Lunch: 1/28, 11am in room 213 (\$2/\$3)

A complimentary informational workshop designed specifically to discuss the basic fundamentals of estate planning. Topics covered include: common estate planning terms and definitions, essential estate planning documents, tips to avoiding probate and estate and gift taxation. Pizza lunch will be provided to participants.

Alzheimer's Presentation & Lunch: 1/29, 1:00 pm in room 118 (\$2/\$3)

Representatives from the Alzheimer's Association will be here to talk about what happens during Alzheimer Association meetings at the Chili Community Center. Please join us to learn if these meetings might be valuable to you or a family member/friend. A chicken salad sandwich (with grapes and nuts), chips, and dessert, will be provided.

Seneca Niagara Casino Trip: Monday, April 14, 7:45am-5pm

This is not a lottery-based trip. The cost is \$40 residents/\$45 non-residents. With valid ID, you will receive \$25 in Free Play and a \$5 Food Voucher. We will be using a large coach bus. This trip will open to residents on January 1 and then non-residents may begin signing up on January 9. You must be 55 or older to join us.

New Trip Policy: The Lottery System

Beginning in 2025, some trips will use a lottery system and most will be for **CHILI RESIDENTS ONLY**. We will hold a lottery the month before the trips. If your name is pulled, you will be notified and will have a few days to then sign-up and pay.

February Trips:

Memorial Art Gallery Tour/Lunch (LUNCH IS CASH ONLY) (2/20)-\$20

Mystery Lunch (2/24)-\$4 + cost of your lunch

If you are a Chili Resident and interested in either of these trips, please sign-up for the Lottery. It is free to add your name to the list

February Trips Lottery Date: January 23 at 3pm (you do not need to present)

If your name is chosen, you will have until January 29 at 3 pm to sign-up and pay.

If you have any questions, please feel free to see Jenn Kelley!

January Programs & Events

Lunch Club 60 and Breakfast Club (Mondays & Wednesdays)



The Lunch Club 60 Program/Breakfast Program is a congregate meal program for people aged 60 and older. It is administered by the Monroe County Office for the Aging. It was created in 1972 as part of the Older Americans Act, and is designed to help the older person enjoy better health through improved nutrition. The suggested meal cost for Lunch Club 60/Breakfast is \$3.50 per person. Meal selections change monthly. If you are under the age of 60, lunch cost is \$7.50 per person. The Chili Senior Center offers lunches on Mondays and Breakfast on Wednesday mornings. For more information please call 889-4680. *Disclaimer: No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. Funding: This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging*
PLEASE VISIT THE FRONT DESK FOR A FLYER AND MENU. IF YOU HAVE ANY OTHER QUESTIONS CALL JENN AT 889-6187.

Connection Café: January Menu

Thursdays from 11:30-12:30 in Room 118. The cost is \$7/\$9 (unless otherwise specified) and registration is required. No sign-ups after the MONDAY before the Café lunch.

January 2: NO CONNECTION CAFÉ OR TRANSPORTATION, There is BINGO!

January 9: Chef Salad w/ Rotisserie Chicken, Roll, Dessert

January 16: Mike's Stuffed Green Pepper, Roasted Potatoes, Dessert

January 23: Taco Salad, Roll, Dessert

January 30: Fettuccini Alfredo w/ Broccoli, Roll, Dessert

Monroe County Lunches

Mondays, 11:30-12:30 in Room 118

There is a suggested \$3.50 donation for those 60 and over. The cost of lunch for anyone under 60 is \$7.50

January 13: Chicken Dijon
(Must sign-up by 1/2)



January 27: Turkey Tetrazzini
(Must sign-up by 1/2)

February 3: Chicken Patty
(Must sign-up by 1/16)

February 10: Grilled Chicken Breast
(Must sign-up by 1/23)

February 17: Presidents' Day- No Lunch Today

February 24: Beer Battered Cod
(Must sign-up by 1/23)

My Programs

Write down the programs you plan to attend!

Check here when you've registered

Additional Programs for Adults can be found in our Online Catalog! There is plenty more to choose from and enjoy.