



ONGOING WEEKLY PROGRAMS— IN SENIOR LOUNGE UNLESS OTHERWISE NOTED

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
10-1 Art Time 11-12 Grab & Go Lunch (pick up) 11:30-1 Rummikub 1-3 Pinochle 1-3 Dominoes	10-12 Chess Club 1-4 Various Poker/Card Games 2-3 Stretch & Strengthen (Room 118) 2-4 Puzzle Club 3-4 Open Billiards	8:45-9:15 Meditation (Room 215) 9-11 Woodcarvers (Room 211) 10:30-3 Euchre 12:30-3:30 Chain Gang	9:00-11:30 Mahjongg 9-11 65+ Beginner Pickle Ball (Gym) 10-11 Stretch & Strength (Room 118) 11:30-12:30 Connection Café (Room 118) 1-3 Bingo (Room 118) 2:30-4 Dominoes (Senior Lounge)	1-3 Canasta 1-4 Various Poker /Card Games 2-4 Puzzle Club
Monday	Tuesday	Wednesday	Thursday	Friday
2 10-12 \$ Advanced Basket Weaving (Senior Lounge) 10:30-11:30 Musical Moments Singing Group (Room 118) 12-1 \$ Vinyasa Flow Yoga (Room 213)	3 9:30-10:30 \$ Fitness & Strength (Room 214) 9:30-10:15 \$ Tai Chi- Part 1 (Room 210) 10-12 \$ Line Dancing (Room 118) 10-12 \$ Advanced Basket Weaving (Senior Lounge)	4 9:15-10 Monroe County Breakfast Program (Senior Lounge) 10-12 \$ Advanced Basket Weaving (Senior Lounge) 11:30-12:30 \$ Plant Based Cooking w/ Barb (Room 118)	5 9:30-10:30 \$ Fitness & Strength (Room 214) 9:30-10:15 \$ Tai Chi- Part 1 (Room 210) 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-3 Bingo (Room 118) 2:30-4 Dominoes (Senior Lounge)	6 SENIOR CENTER IS CLOSED ALL DAY 12/6 and TOMORROW 12/7 Tree Lighting Ceremony & Craft Show on 12/6 from 6:30-8pm Craft Show on 12/7 from 12-4 pm
9 *No Musical Moments 12-1 \$ NEW SESSION Vinyasa Flow Yoga (Room 213)	10 9:30-10:30 \$ Fitness & Strength (Room 214) 9:30-10:15 \$ Tai Chi- Part 1 (Room 210) 10-12 \$ Line Dancing (Room 118) 11-12\$ PAPER Crafts with Lori (Senior Lounge) 1-2:30 Parkinson's Support Group (Room 212) 3-4:30 Tech Tuesday w/Daniel Jones: Question & Answer Session (Room 211) 7-8pm \$ BROCKPORT BIG BAND HOLIDAY CONCERT (Room 118)	11 9:15-10 Monroe County Breakfast Program (Senior Lounge) 1-2:30 \$ Holiday Presentation with Chris Bensch from Strong Museum (Room 118)	12 8:45-9:45 Healthy Living w/Linda (Room 215) What's on Your Mind? 9:30-10:30 \$ Fitness & Strength (Room 214) 9:30-10:15 \$ Tai Chi- Part 1 (Room 210) 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-3 Bingo (Room 118) 2:30-4 Dominoes (Senior Lounge)	13 10:30-3 Monroe County Holiday Ball 11-12 NAME THAT SCAM GAME W/ Lifespan Representative (Room 118)

Please call Jenn Kelley, Senior Programmer, at 585-889-6187 if you have questions about any Senior Activities. Additional details about programs & events can also be found online at: <http://www.townofchili.org/chili-community-center/>. Click on "Online Catalog & Registration."



ONGOING WEEKLY PROGRAMS— IN SENIOR LOUNGE UNLESS OTHERWISE NOTED

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
10-1 Art Time 11-12 Grab & Go Lunch (pick up) 11:30-1 Rummikub 1-3 Pinochle 1-3 Dominoes	10-12 Chess Club 1-4 Various Poker/Card Games 2-3 Stretch & Strengthen (Room 118) 2-4 Puzzle Club 3-4 Open Billiards	8:45-9:15 Meditation (Room 215) 9-11 Woodcarvers (Room 211) 10:30-3 Euchre 12:30-3:30 Chain Gang	9:00-11:30 Mahjongg 9-11 65+ Beginner Pickle Ball (Gym) 10-11 Stretch & Strength (Room 118) 11:30-12:30 Connection Café (Room 118) 1-3 Bingo (Room 118) 2:30-4 Dominoes (Senior Lounge)	1-3 Canasta 1-4 Various Poker/Card Games 2-4 Puzzle Club
Monday	Tuesday	Wednesday	Thursday	Friday
16 10-1 Eldersource Representative: Call Jenn Kelley if you'd like an appointment 889-6187 10:30-12 \$ Musical Moments Choir—Holiday Concert & Continental Breakfast (Room 118) 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-2:30 \$ Beaded Jewelry Making (senior Lounge) 2:30-3:30 \$ Photo Interpretation w/ Meg Tyo (Room 211)	17 9:30-10:30 \$ Fitness & Strength (Room 214) 9:30-10:15 \$ Tai Chi—Part 1 (Room 210) *No Line Dancing Today* 3-3:30 AGAPE Advice (Room 118) 6-7:30 \$ Hot Cocoa, Cookies, & Holiday Light Bus Tour w/ Jenn (weather pending)	18 9:15-10 Monroe County Breakfast Program (Senior Lounge) 11:30-12:30 \$ Plant Based Cooking w/ Barb (Room 118) 1-2 Wellness Wednesday w/ Cornell Cooperative Healthy Holiday Prep (Room 118) 2:30-3:30 January Calendar Review & UPCOMING CHANGES FOR 2025 (Room 118)	19 9:30-10:30 \$ Fitness & Strength—LAST CLASS UNTIL FEB (Room 214) 9:30-10:15 \$ Tai Chi— Part 1 (Room 210)—LAST CLASS 11-12 Art with Linda (Senior Lounge) 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-3 BINGO (Room 118) 2:30-4 Dominoes (Senior Lounge)	20 1:00-2:00 Oasis Tappers Holiday Performance (Room 118)- This is FREE, but PLEASE register
23 * No Musical Moments until 2/3/25 *No Vinyasa Yoga Today* Senior Lounge is OPEN	24 *NO Stretch & Strengthen <h2 style="text-align: center;">Building Closed all day</h2>	25 <h2 style="text-align: center;">Building Closed all day</h2> 	26 *NO Stretch & Strengthen *No Vinyasa Yoga Today* *NO CONNECTION CAFÉ OR TRANSPORTATION TODAY* 1-3 BINGO (Room 118) 2:30-4 Dominoes (Senior Lounge) *SENIOR CTR CLOSES AT 4	27 10-12 55+ Corn Hole in Room 118
30 *No Vinyasa Yoga Today* 10:45-1:30 \$ Mystery Lunch—Weather Permitting (Meet in Senior Lounge by 10:45am)	31 *NO Stretch & Strengthen <h2 style="text-align: center;">Senior Center Closed All Day</h2> Tuesday Treasures to resume in January 2025	January 1 <h2 style="text-align: center;">Building Closed all day</h2> 	January 2 * No Stretch & Strengthen *No Vinyasa Yoga Today* 1-3 BINGO (Room 118) 2:30-4 Dominoes (Senior Lounge) *Last day to sign-up for Monroe County Jan 13 Lunch*	We are still looking for Senior Volunteers for 2025 in the following areas: Kitchen/Set-Up Help on Monday Mornings Bingo Callers for Mondays Bus Driver (no CDL required) for Mondays Please see Jenn Kelley if you can help

December Programs & Events

December Highlights...

Plant Based Cooking w/ Barb: 12/4 & 12/18, 11:30 am in room 118

Brockport Big Band Holiday Concert: 12/10 at 7:00 pm in room 118

Holiday Presentation w/ Chris Bensch from Strong Museum: 12/11 at 1pm in room 118

Scams & Fraud Musical Games w/ Lifespan: 12/13 at 11:00 am in room 118

Photo Interpretation & Ice Cream Bars w/ Meg Tyo: 12/16 at 2:30 in room 211

January Calendar Review & Information on 2025 Changes: 12/18 at 2:30 in room 118

Oasis Tappers Holiday Concert: 12/20 at 1:00 pm in room 118

Mystery Lunch: 12/30 at 10:45 am- meet in Senior Lounge (registration opens 12/1)

Senior Center/Building Closures

12/6- Senior Center closed all day

12/7- Senior Center closed all day

12/24- Building closed all day

12/25- Building closed all day

12/26- Senior Center closed at 4pm

12/31- Senior Center closed all day

1/1/25- Building closed all day

Senior Center is Open, 8:30-4:30:

12/23, 12/26, 12/27, 12/30, 1/2, 1/3

Stretch & Strengthen Cancellations

There is no Stretch & Strengthen on:

12/24 & 12/26

12/31 & 1/2

New Changes in 2025!

Please plan to attend our January Calendar Review on 12/18 at 2:30 pm in room 118.

We will discuss the January Calendar and also answer questions about sign-up and membership changes that are coming in 2025! Please register if you plan to attend!

Monroe County Lunch Club 60 Program- Begins in January 2025!

The Lunch Club 60 Program is a congregate meal program for people aged 60 and older. It is administered by the Monroe County Office for the Aging. It was created in 1972 as part of the Older Americans Act, and is designed to help the older person enjoy better health through improved nutrition. The suggested meal cost for Lunch Club 60 is \$3.50 per person. Meal selections change monthly. If you are under the age of 60, lunch cost is \$7.50 per person. The Chili Senior Center offers lunches on Mondays and for more information please call 889-4680. *Disclaimer: No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. Funding: This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging*

PLEASE VISIT THE FRONT DESK FOR A FLYER AND MENU. IF YOU HAVE ANY OTHER QUESTIONS CALL JENN AT 889-6187.



Monroe County Breakfast Program

We offer a Monroe County breakfast every Wednesday. The breakfast will take place in the senior lounge from 9:15-10:00am. No take-outs please. A \$3.50 contribution is suggested, but not required. **PLEASE SIGN-UP ONLINE OR AT THE FRONT DESK A WEEK IN ADVANCE FOR EVERY BREAKFAST YOU PLAN TO ATTEND.** *Disclaimer: No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. Funding: This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.*



December Programs & Events

Lunch and Breakfast Club 60 Program (Mondays & Wednesdays)



Monroe County Office for the Aging

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Connection Café: December Menu

Thursdays from 11:30-12:30 in Room 118. The cost is \$6/\$8 (unless otherwise specified) and registration is required. No sign-ups after the MONDAY before the Café lunch.

December 5: Beef Stew, Roll, Dessert

December 12: Beef Meatloaf, Potatoes, Veggies, Dessert

December 19: Ham Sandwich w/ Broccoli/Cheddar Soup

December 26: NO CAFÉ or Transportation– There is BINGO at 1pm

*MONROE COUNTY LUNCH coming on Mondays in January (begins January 13)– please make sure to see Jenn Kelley for a flyer.

Sports & Games

- ◆ Billiards (Tuesdays, 3-4)
- ◆ Bingo (Thursdays, 1-3)
- ◆ Canasta (Fridays, 1-3)
- ◆ Chess Club (Tuesdays, 10-12)
- ◆ Dominoes (Mondays, 1-3)
- ◆ Euchre (Wednesdays, 10:30-3)
- ◆ Pinochle (Mondays, 1-3)
- ◆ Mahjonn (Thursdays, 9:00-11:30)
- ◆ Puzzle Club (Tuesdays/Fridays, 2-4)
- ◆ Rummikub (Mondays, 11:30-1)
- ◆ Various Poker/Card Games (Tuesdays, 1-4)
- ◆ Various Poker/Card Games (Friday, 1-4)
- ◆ 65 + Beginner Pickle Ball (Thursday, 9-11 in Gym)
- ◆ Adult/55+ Table Tennis (Fridays, 2:45-5:45)

*Tables in the Senior Lounge are open M-F for various card games. Bring a group of friends to play a game!



My Programs

Write down the programs you plan to attend!

Check here when you've registered

_____	<input type="checkbox"/>
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Additional Programs for Adults can be found in our Online Catalog! There is plenty more to choose from and enjoy.