

November 2024



ONGOING WEEKLY PROGRAMS—IN SENIOR LOUNGE UNLESS OTHERWISE NOTED

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
10-1 Art Time 11-12 Grab & Go Lunch (pick up) 11:30-1 Rummikub 1-3 Pinochle 1-3 Dominoes	10-12 Chess Club 1-4 Various Poker/Card Games 2-3 Stretch & Strengthen (Room 118) 2-4 Puzzle Club 3-4 Open Billiards	8:45-9:15 Meditation (Room 215) 9-11 Woodcarvers (Room 211) 10:30-3 Euchre 12:30-3:30 Chain Gang	9:00-11:30 Mahjongg 9-11 65+ Beginner Pickle Ball (Gym) 10-11 Stretch & Strength (Room 118) 11:30-12:30 Connection Café (Room 118) 1-3 Bingo (Room118) 2:30-4 Dominoes (Senior Lounge)	1-3 Canasta 1-4 Various Poker /Card Games 2-4 Puzzle Club
Monday	Tuesday	Wednesday	Thursday	Friday
BUFFALO BILLS VS. MIAMI DOLPHINS TAILGATE PARTY SUNDAY, NOVEMBER 3	TURN YOUR CLOCKS BACK ONE HOUR	OPEN ENROLLMENT HEALTH INSUR- ANCE/MEDICARE COUNSELING W/ LIFESPAN	We are looking for Senior Volunteers for 2025 in the following areas: Kitchen/Set-Up Help on	1 10-12 55+ Corn Hole in Room 118
12:30-4PM Senior Lounge	WHEN YOU GO TO BED ON NOV 2	PLEASE SEE JENN KELLEY TO MAKE AN APPOINTMENT IF	Monday Mornings Bingo Callers for Mondays	
Snacks provided and pizza served at half-time!	10 12 1 10 2 9 35	YOU WOULD LIKE TO REVIEW YOUR HEALTH INSURANCE PLAN FOR THE UP-	Bus Driver (no CDL required) for Mondays Please see Jenn Kelley	
NO SIGN-UPS AFTER OCTOBER 31.	7 6 5		if you can help!	
10:30-11:30 Musical Moments Singing Group (Room 118) 12–1 \$ Vinyasa Flow Yoga (Room 213)	5 9:30-10:30 \$ Fitness & Strength (Room 214) 9:30-10:15 OTAGO Balance Class (Room 210)-LAST DAY! No Line Dancing today *NO STRETCH & STRENGTHEN TODAY*	9:15-10 Monroe County Breakfast Program (Senior Lounge) 1-2 Alzheimer's Class is CANCELLED until January 2025	9:30-10:30 \$ Fitness & Strength (Room 214) *NO STRETCH & STRENGTHEN TODAY* 11:30-1:00 \$ Café Lunch & Concert in Senior Lounge— Sax/Piano Concert w/ Spaghetti/Meatball Lunch—THE SENIOR LOUNGE WILL BE CLOSED FROM 8:30-11:30 AND WILL REOPEN FOR CARDS/OTHER ACTIVITIES AT 1:30 PM 12-1 \$ Vinyasa Flow Yoga (Room 213) 1-3 Bingo (Room118) 2:30-4 Dominoes (Senior Lounge)	11-12 Senior Jam Session in the Senior Lounge-Bring your instrument and join friends- no sign-up necessary VETS BREAKFAST WILL BE HELD FROM 9-11 AM ON SATURDAY, NOV 9- SENIOR LOUNGE WILL BE CLOSED ON NOVEMBER 9

Please call Jenn Kelley, Senior Programmer, at 585-889-6187 if you have questions about any Senior Activities. Additional details about programs & events can also be found online at: http://www.townofchili.org/chilicommunity-center/. Click on "Online Catalog & Registration."





November 2024



ONGOING WEEKLY PROGRAMS—IN SENIOR LOUNGE UNLESS OTHERWISE NOTED

	ONGOING WEEKLY F	PROGRAMS— IN SENIOR LO	OUNGE UNLESS OTHERWISE NOT	ED
Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
10-1 Art Time 11-12 Grab & Go Lunch (pick up) 11:30-1 Rummikub 1-3 Pinochle 1-3 Dominoes	10-12 Chess Club 1-4 Various Poker/Card Games 2-3 Stretch & Strengthen (Room 118) 2-4 Puzzle Club 3-4 Open Billiards	8:45-9:15 Meditation (Room 215) 9-11 Woodcarvers (Room 211) 10:30-3 Euchre 12:30-3:30 Chain Gang	9:00-11:30 Mahjongg 9-11 65+ Beginner Pickle Ball (Gym) 10-11 Stretch & Strength (Room 118) 11:30-12:30 Connection Café (Room 118) 1-3 Bingo (Room118) 2:30-4 Dominoes (Senior Lounge)	1-3 Canasta 1-4 Various Poker/ Card Games 2-4 Puzzle Club
Monday	Tuesday	Wednesday	Thursday	Friday
11	12	13	14	15
No Musical Moments No Vinyasa Today	9:30-10:30 \$ Fitness & Strength (Room 214) 9:30-10:15 \$ Tai Chi-Part 1 (Room 213)	9:15-10 Monroe County Breakfast Program (Senior Lounge)	8:45-9:45 Healthy Living w/Linda (Room 215) How Full is Your Cup?	10-12 55+ Corn Hole in Room 118
	10-12 \$ Beginner Basket Weaving (Senior Lounge)	10-12 \$ Beginner Basket Weaving (Senior Lounge)	9:30-10:30 \$ Fitness & Strength (Room 214) 9:30-10:15 \$ Tai Chi– Part	10-12 \$ Beginner Basket Weaving (Senior Lounge)
Happy VETERANS DAY	10-12 \$ Line Dancing (Room 118)	11:30-12:30 \$ Plant Based Cooking w/ Barb (Room 118)	1 (Room 213) 11-12 Art with Linda	
THE SENIOR LOUNGE IS CLOSED TODAY	1-2:30 Parkinson's Support Group (Room 212) 3-4:30 Tech Tuesday w/Daniel Jones: Libby, Hoopla & Kanopy (Room 211)	2-3 \$ Prize Bingo with Happier at Home (Room 118) - After canceling last month, this is the new date– those who were signed-up for the last date are grandfathered in, but NEED TO LET JENN KELLEY KNOW IF YOU ARE ATTENDING	(Senior Lounge) 12–1 \$ Vinyasa Flow Yoga (Room 213) 1-3 BINGO (Room 118) 2:30-4 Dominoes (Senior Lounge)	
10	10			
18 10:30-11:30 Musical Moments Singing Group (Room 118)	9:30-10:30 \$ Fitness & Strength (Room 214)	9:15-10 Monroe County Breakfast Program (Senior Lounge)	21 9:30-10:30 \$ Fitness & Strength (Room 214)	10-12 55+ Corn Hole in Room 118
10-1 Eldersource Representative: Call Jenn Kelley if you'd like an appointment 889- 6187	9:30-10:15 \$ Tai Chi- Part 1 (Room 213) 10-12 \$ Line Dancing (Room 118)	11:30-12:30 \$ Plant Based Cooking w/ Barb (Room 118)	9:30-10:15 \$ Tai Chi– Part 1 (Room 213) 11:45-12:30 Guitar Concert with Tom Passamonte from Blend	11-12 \$ Make a Christmas Gnome Craft w/ Deb Cody (Senior Lounge)
12–1 \$ Vinyasa Flow Yoga (Room 213)	11-12 \$ Garden Rock Painting with Cindy (Senior Lounge) 3-3:30 AGAPE Advice	1-2 Wellness Wednesday w/ Cornell Cooperative Extension; Prep for a Thanksgiving Feast (ROOM 213-NOT 118)	of Brothers— during Cafe 12–1 \$ Vinyasa Flow Yoga (Room 213)	
1-2:30 \$ Beaded Jewelry Making (Senior Lounge)	(5	2-3 December Calendar Review (Room 211)	1-3 BINGO (Room 118) 2:30-4 Dominoes (Senior Lounge)	
25	26	27	28	29
10:30-11:30 Musical Moments Singing Group (Room 118) 12–1 \$ Vinyasa Flow Yoga (Room 213) 10:45-1:30 \$ Mystery Lunch (Meet in Senior	*No Fitness & Strength Today* *NO STRETCH & STRENGTHEN No Line Dancing Today 9:30-10:15 \$ Tai Chi— Part 1 (Room 213)	*No Breakfast Today*	CHILI COMMUNITY	THE SENIOR LOUNGE IS CLOSED TODAY
Lounge by 10:45am)	No Tuesday Treasures		CENTER CLOSED TODAY	

November Programs & Events

November Highlights...

55 + CORN HOLE: Friday, November 1, 15, & 22, from 10-12 in Room 118 Come play a few rounds of Corn Hole with friends! Free, but sign-up is required.

BUFFALO BILLS TAILGATE PARTY: Sunday, November 3 from 12-4 in Senior Lounge
Watch the Bills take on the Dolphins with us! Snacks served and pizza at halftime! The cost is \$6 residents and \$7 non-residents! Wear your Bills gear!

CAFÉ LUNCH & SAXOPHONE/PIANO CONCERT IN SENIOR LOUNGE

November 7 FROM 11:30-1:00. THERE IS NO CONNECTION CAFÉ IN 118. Join us for a Spaghetti Meatball Lunch and Concert in the Senior Lounge. The cost is \$9 residents/\$11 non-residents. You must attend both the lunch and concert (packaged deal). THE SENIOR LOUNGE WILL BE CLOSED FROM 8:30-11:30 AM. WE WILL OPEN FOR THIS LUNCH CONCERT FROM 11:30-1, and then re-open the center for cards beginning at 1:30 pm. Bingo will follow at 1pm in room 118.

BEGINNER BASKET WEAVING W/ CAM MOSSGRABER, November 12, 13, & 15, 10am-12pm Cam is back to teach some new residents how to weave a basket in the senior lounge. YOU MUST BE ABLE TO ATTEND ALL THREE SESSIONS. \$5 is due to the instructor on the first class date, please sign-up if you plan to attend.

PRIZE BINGO WITH HAPPIER AT HOME: November 13, 2-3 in Room 118

This event is rescheduled from the September date that was cancelled. Those who signed-up for the September date do not have to pay again. Anyone who would like to attend and did NOT sign-up before will need to pay the \$2. If you signed-up for September, your name is already on the roster and you are good to go! No sign-ups after November 8.

HEALTHY LIVING W/ LINDA: How Full is Your Cup? November 14, from 8:45-9:45

BEADED JEWELRY MAKING: MONDAY, November 18, from 1-2:30 in Senior Lounge

GARDEN ROCK PAINTING W/ CINDY: November 19, from 11-12 in Senior Lounge Cindy will bring all of the supplies to create a beautiful rock! \$5 due to her at the start of class.

CONNECTION CAFÉ CONCERT W/ TOM PASSAMONTE, November 21 from 11:45-12:30

Tom Passamonte, from The Blend of Brothers will be performing during connection café. There is no additional cost if you purchased lunch. Bingo will still follow at 1:00pm

MYSTERY LUNCH TRIP: Monday, November 25, from 10:45-1:30

Join us for a Mystery lunch trip. The cost is \$3 for transportation (you must ride with us) plus the cost of your own food. Please be in the senior lounge by 10:45 for check-in. We leave at 11:00am!

Registration for this trip opens on November 1

THERE IS NO STRETCH AND STRENGTHEN ON NOVEMBER 5, 7, 26 OR 28

Monroe County Breakfast Program

We now offer a Monroe County breakfast every Wednesday. The breakfast will take place in the senior lounge from 9:15-10:00am. No take-outs please. A \$3.50 contribution is suggested, but not required. PLEASE SIGN-UP ONLINE OR AT THE FRONT DESK A WEEK IN ADVANCE FOR EVERY BREAKFAST YOU PLAN TO ATTEND. Disclaimer: No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. Funding: This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging.

November Programs & Events

Grab and Go-Lunch Club 60 Program (Mondays)

Monroe County Office for the Aging

The Lunch Club 60 Program is a congregate meal program for people aged 60 and older. It is administered by the Monroe County Office for the Aging. It was created in 1972 as part of the Older Americans Act, and is designed to help the older person enjoy better health through improved nutrition. The suggested meal cost for Lunch Club 60 is \$3.50 per person. Meal selections change monthly. If you are under the age of 60, lunch cost is \$7.50 per person. The Chili Senior Center offers lunches on Mondays and for more information please call 889-4680. Disclaimer: No eligible person shall be denied benefits or subjected to discrimination under any program or activity receiving any Federal, State or County funding. This includes but is not limited to: race, color, sex, religion, national origin, disability, sexual orientation, marital status, veteran and/or military status, immigration status, creed, domestic violence victim status, criminal history, gender identity, genetic predisposition or carrier status. Funding: This program receives its funding through participants' contributions, U.S. Administration on Aging, N.Y. State Office for the Aging, N.Y. State Department of Health, and Monroe County Dept. of Human Services/Office for the Aging

Connection Café: November Menu

Thursdays from 11:30-12:30 in Room 118. The cost is \$6/\$8 (unless otherwise specified) and registration is required. No sign-ups after the MONDAY before the Café lunch.

November 7: Concert & Café in <u>Senior Lounge</u> 11:30-12:30, Spaghetti/Meatball lunch with bread and dessert. Saxophone/ Piano concert. \$9/\$11, must buy package to listen to music. Bingo to follow in room 118 at 1pm.

November 14: Chicken Stir Fry with Vegetables, over Rice, Dessert

November 21: Ham & Scalloped Potatoes, Vegetable, Dessert– Free Guitar

Concert with Tom Passamonte from 11:45-12:30. Bingo will follow

November 28: HAPPY THANKSGIVING- NO CAFÉ OR BINGO- WE ARE CLOSED

Sports & Games	My Programs	Check here
 Billiards (Tuesdays, 3-4) 	Write down the programs you	when you'v registered
• Bingo (Thursdays, 1-3)	plan to attend!	-
◆ Canasta (Fridays, 1-3)		
◆ Chess Club (Tuesdays, 10-12)		
◆ Dominoes (Mondays, 1-3)		
• Euchre (Wednesdays, 10:30-3)		
◆ Pinochle (Mondays, 1-3)		_
◆ Mahjongg (Thursdays, 9:00-11:30)		
 Puzzle Club (Tuesdays/Fridays, 2-4) 		
• Rummikub (Mondays, 11:30-1)		——
 Various Poker/Card Games (Tuesdays, 1-4) 		—— <u> </u>
 Various Poker/Card Games (Friday, 1- 4) 		
 ◆ 65 + Beginner Pickle Ball (Thursday, 9- 11 in Gym) 		
◆ Adult/55+ Table Tennis		——п
(Fridays, 2:45-5:45)		
*Tables in the Senior Lounge are open M-F		
for various card games. Bring a group of friends to play a game!		
_		
Senior Center		П